

Cholesterol Management and Diabetes

Presented by Registered Nurse and Registered Dietitian

Join Flemington Health Centre's Certified Diabetes Educators to learn more about:

- Types of blood cholesterol
- Cholesterol lowering medications
- Dietary recommendations to maintain a healthy cholesterol levels and reducing risk of heart disease



To register contact us at:

 **416-429-4991 ext. 276**

WHEN

Thur January 15, 2026

11:00am - 12:30pm

WHERE

In-person at:

Flemington Health Centre

10 Gateway Blvd

North York, ON M3C 3A1