



Integrated Mental Health Services (IMHS)

Innovative Partnership between Flemingdon Health Centre (FHC) & The Neighbourhood Organization (TNO)

Need Mental Health Support? We can help!

Eligibility

- Living in the M3C OR M4H area
- NOT seeing a Family Doctor at Flemingdon Health Centre (FHC) or Health Access Thorncliffe Park (HATP)
- OHIP is not required

Services Offered

- Counselling
- Case Management
- Health System Navigation/ Referral
- Community Resources
- Group Programs
- Form Filling Support (ACSD, SSAH, DTC, TTC Support, ODSP & more)

**For more information and to
refer, contact us at
(416) 429-4991 x303 or
imhs@fhc-chc.com***

Interpretation is available

Please do not send any sensitive, personal health information over email